

# Stay Safe. Be **PrEP**ared.



Pre-exposure prophylaxis (PrEP) is  
a medicine taken to prevent getting HIV

Reduces the risk of getting HIV from sex by 99%

Reduces the risk of getting HIV from injection drug use by 74%.



## Physical Health

Use PrEP as directed  
to prevent HIV.  
Practice safe sex and  
prevent STIs using  
condoms.

## Emotional Health

Talk with a trusted  
health care provider  
about a PrEP plan  
that is right for you.



## Spiritual Health

PrEP for your  
community. Together  
we can end the HIV  
epidemic in native  
communities.

## Mental Health

PrEP for peace of  
mind. Know your  
status and stay  
protected.

# PrEP vs. PEP

Know the Difference

Both PrEP & PEP prevent the spread of HIV.

## Pre- Exposure Prophylaxis (PrEP)

can be taken in many forms.

- Daily pill(s) you swallow.
- 1 shot every 2 months.
- On-demand pill regimen.

## Post Exposure Prophylaxis (PEP)

is a series of pills you can take if you think you have been exposed to HIV within 72 hours (3 days).

**You have options.**

**Talk to your healthcare provider to make a plan that works best for you.**

## Where to Find PrEP or PEP and Their Cost

Indian Health Service (IHS) Clinics for free for those eligible for services.

Most insurance plans and state Medicaid and Medicare programs cover the cost of PrEP and PEP.

If you do not have insurance, there are other programs that provide PrEP for free or at a reduced cost.

For more, information about PrEP **TEXT “NATIVE TEST” to 55251** or visit [www.nativetest.org](http://www.nativetest.org)

