

# Sexual Health Questionnaire

1. Are you currently sexually active? ☐ Yes ☐ No
2. When was the last time that you were sexually active?
3. Who do you prefer to have sex with? ☐ Men ☐ Women ☐ Both
4. Have you had sex with more than one partner within the past 6 months? ☐ Yes ☐ No
5. What type of sex do you prefer? ☐ Oral ☐ Vaginal ☐ Anal
6. Do you use any type of protection when you are sexually active, such as condoms, dental dams, etc. ☐ Yes ☐ No
7. Do you & your partner(s) discuss STI & HIV prevention? ☐ Yes ☐ No
8. Have you ever been tested for STIS like Syphilis or HIV in the past? ☐ Yes ☐ No
9. Are you currently experiencing any symptoms such as pain during urination, bleeding or any type of discharge? ☐ Yes ☐ No
10. Do you get tested regularly for STIs and/or HIV? ☐ Yes ☐ No
11. Have you ever been diagnosed in the past with any STIs? ☐ Yes ☐ No
12. If previously diagnosed, did you receive treatment? ☐ Yes ☐ No
13. Do you & your partner have discussions around family planning? ☐ Yes ☐ No
14. Do you have any current sexual health concerns that you want to talk about? ☐ Yes ☐ No

***Please provide any additional details (symptoms, concerns, or questions) to your nurse or physician during your appointment.***

## **Creating a Connection:**

### How to Best Communicate with your Physician

#### ***Be Open & Honest***

with your physician about your concerns & questions, even if you feel embarrassed. Your Physician is there to help!

#### ***Be an Active Participant***

by asking clarifying questions and repeating helpful information to ensure you understand.

#### ***Share details***

by providing your physician with honest information about your lifestyle, medications, & medical history.

#### ***Express your needs & preferences***

by discussing any concerns and/or expectations that you may have about treatment and care.

#### ***Build Trust***

by developing a positive relationship with your physician that is based on mutual respect & open communication.

***All of these things will help to improve your overall health & build a trusting relationship between you & your physician.***



**Check out Native Test for more information on HIV, STIs, and PrEP.  
Text Native Test to 55251 or visit [NativeTest.org](https://NativeTest.org)**